**Parachute Game Sheet**

* **Popcorn**: Place a number of beanbags, small balls, or cottonballs onto the parachute. Shake to make them pop up like "popcorn".
* **Ball Roll**: Have the children try to roll the balls into the hole in the middle of the parachute. (Or have children try to keep the balls from going into the hole in the center.)
* **Making Waves**: Children can make small, medium, or large movements to make various types of "waves." You can incorporate a story about a ship on the sea, weather, etc. &/or use your voice as a tool to emphasize directives.
* **Merry-Go-Round**: Children turn their bodies sideways and hold the chute with one hand. They then walk around in a circle, making a "Merry-Go-Round." For variety, children can hop, skip, jump, etc. You can stop music as a cue to reverse and go the other direction.
* **Poison Snakes**: Place three or four jump ropes onto the chute. Shake the parachute to keep the snakes from "biting" (touching) you.
* **Parachute Tag**: Lift the parachute high into the air. Call out two children’s names. They must trade empty spots by running under the chute, before it comes down on them.
* **Mushroom**: Standing, lift the parachute waist height. Count to three - with "one" and "two" being small practice lifts. On three, all lift the chute overhead, and crouch down pulling the parachute edges down as well. This creates what looks like a "mushroom."
* **Rollerball**: Try to keep a ball rolling only along the outer edge of the parachute around the circle. As it comes toward you, cooperatively lower your edge. Just past you, raise it.